



CENTERGY

REDEFINE YOUR SELF.



LET'S MOVE!®

What they RAVED about in testing:

“Where can I get that playlist?”

“It was LOVE at first class!”

“Athletic, strong, graceful, and moving.”

“Loved the movement threads throughout.”

“FANTASTIC!”

Most Memorable Moment:

“Core FRONT was amazing! There were moans and groans and the progressions helped everyone feel successful. Well done!”



SEE IT!