



Star Hill Family Athletic Center

Member & Guest Usage Policies

Member Usage Policies

Check-in/Wristbands: All members are required to check-in at the front desk when arriving at the facility and exchange their membership card for a wristband that needs to be worn during your stay at the facility. If you forget your card you can leave a license, credit card, keys, or cell phone in place of your membership card. If you do not have anything to leave, your membership will be verified and you will be issued a guest band to wear instead.

Pool: Children must be 9 years old to use the pool without a parent being on the pool deck. Usage is limited to times denoted as “Open Swim” when a lifeguard is on duty. Children under 9 can use the pool without a parent being on the pool deck when they successfully pass a swim test (defined by the Aquatics Director).

Fitness Center: Children must be 9 years old to be present and use the equipment in the **upstairs** fitness center. Children under 12 years old must be accompanied by an adult in the fitness center unless they have completed the youth fitness program offered by Accelerated Fitness Solutions. Children are only permitted to use the equipment that they are tall enough to operate correctly.

Children must be 14 years old to independently use the free weights in the **downstairs** fitness center. Children 9-13 can use the free weight equipment in the downstairs fitness center when accompanied by their parent (no older siblings, friend’s parents, etc...).

Dome: Children must be 9 years old to use the dome without a parent being present. Children under 9 can earn this privilege at the discretion of Star Hill management.

Independent Drop-off: Children must be 12 years old to be dropped off at Star Hill without adult (16 years old or older) supervision.

Lap Swimming: “Lap Swim” times are times in the pool that no lifeguards are on duty. **This time is for lap swimming only** (diving board is closed, basketball hoop is off limits). Anyone using the pool during lap swim must be swimming laps and be 14 years old or older. Children under 14 can swim laps during lap swims if a parent is present on the pool deck or swimming laps.

Behavior: All privileges defined above are subject to mature behavior when using the amenities in the facility, moving about the facility, and interacting with others.

Guest Usage Policies

All guests of members must be accompanied by the member during their visit.

Guest Fees: Members may bring a guest for a fee of \$10 per person. Guests must register at the front desk and obtain a guest wristband to be worn during their visit to the facility.

Use of Amenities: Guests will have access to all amenities enjoyed by the sponsoring member. The only exception is the use of the fitness center. Guests must be 12 years old to use the upstairs fitness center equipment. This rule is in place for the safety of our members and guests, and to avoid horseplay. Guests must be 14 years old to use the first floor free-weight room. Ages for independent use of the dome and pool are the same for members and guests. Guests under 9 years old cannot gain independent access to the pool by passing a swim test. Swim tests for this purpose will only be offered to members.

Non-member/non-guest Usage Policies

Non-members can use the facility in a number of ways without being accompanied by a member. Non-members are welcome to register/participate in a number of activities at Star Hill including leagues, clinics, tournaments, group fitness classes, speed & strength clinics, swimming/diving lessons, swim teams, triathlons, master swimming, birthday parties, etc... The following are the limitations to non-member usage, unless the non-member is a guest of a member (then the “Guest Usage Policies” defined above apply).

Swimming Pool: Non-members are not permitted to use the swimming pool during times designated as “Open Swim” or “Lap Swim”. The swimming pool is open to the public on Sunday afternoons from 3-5 PM as designated on the swimming pool schedule. Cost is \$5 per swimmer with a \$20 family maximum. Payments should be made at the front desk and you will be given a wristband to wear.

Dome: Non-members can gain “open play” access to the dome at a cost of \$10 per day. This fee entitles a non-member use of all amenities in the dome (with the exception of areas designated with No Access signage and the strength cage in the rear) when they are available (not being rented or used for leagues, clinics, or tournaments). This dome usage is limited to the dome. Participants may not use the swimming pool or fitness centers during this usage. Payments should be made at the front desk and you will be given a wristband to wear.

Group Fitness Classes: Any non-member can participate in a group fitness class for \$8.00. Payments should be made at the front desk and you will be given a wristband to wear.

Fitness Center: The fitness centers are not open to non-members.



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